

Persons to contact for the B-12 or other recovery programs:

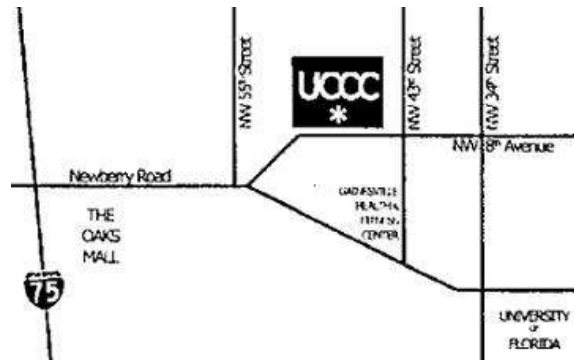
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UNIVERSITY CITY CHURCH OF CHRIST

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[www.universitychurchofchrist.org]



Sunday Assemblies:

Bible classes.....9:30 a.m.

Worship.....10:30 a.m.

Worship.....6:00 p.m.

B-12 Step Study

Monday.....7:00 p.m.

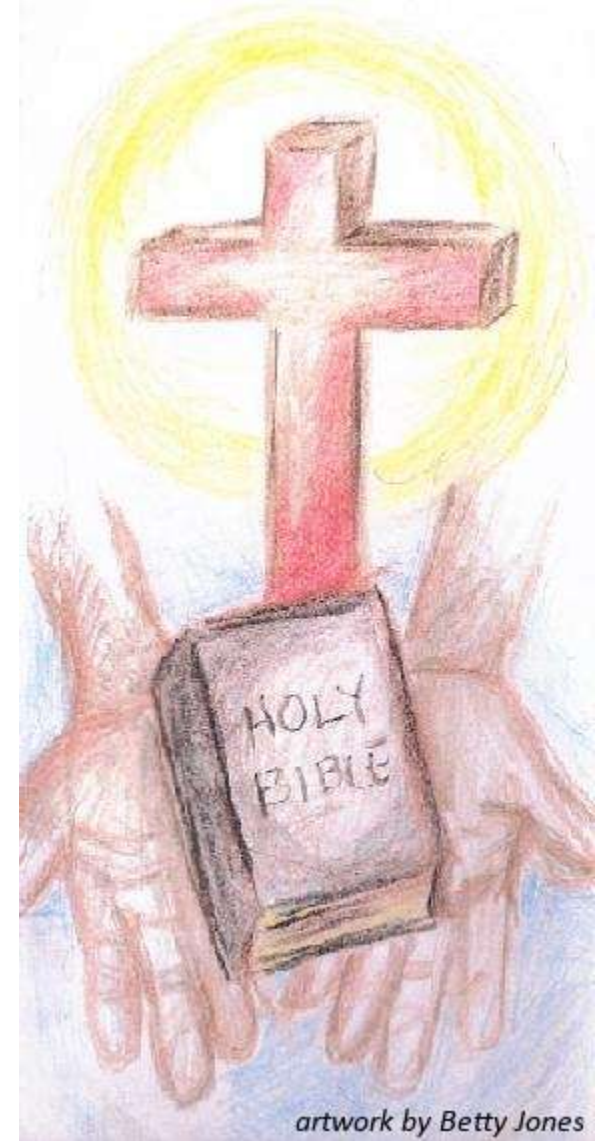
Wed Bible Classes.....7:00 p.m.

To find out about our activities and ministries, call or go to our website:

www.universitycitychurchofchrist.org.

B-12

A Bible-Based 12 Step Recovery Program



artwork by Betty Jones

Prayer for Serenity

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference. Living one day at a time, enjoying one moment at a time; accepting hardship as a pathway to peace; taking as Jesus did, this sinful world as it is; not as I would have it; trusting that You will make all things right if I surrender to your will; so that I may be reasonably happy in this life and supremely happy with You forever in the next. AMEN

Reinhold Neibuhr

Bible-Based 12 Step Recovery Program

- Bible-Based
- Christ-Centered
- 12 Step Study

An independent, open co-educational meeting group. A safe place where confidentiality is respected.

WHO NEEDS IT?

Persons afflicted with alcoholism, drug addiction, other dependencies, co-dependent issues or family dysfunction, as well as persons re-entering the community from detoxification or treatment facilities.

WHAT'S IT ALL ABOUT?

- ✓ Learning the principles of a 12 step program, finding comfort in each new day, one day at a time.
- ✓ Discovering hope and finding fellowship and understanding.
- ✓ Creating a better way of living and sharing similar problems, protected by anonymity.

WHY BOTHER?

B-12 is not a 'sure cure for what ails you.' It is, however, a resource for those seeking support as they travel the difficult and challenging road of recovery from addiction and alcoholism. B-12 is not designed to replace counseling, medical care, personal effort, or any other support group or program. It is designed with one purpose in mind: **to provide a safe place** where those in recovery can voice their opinions and life experiences without fear of condemnation, rejection, or judgment.

WHY BIBLE BASED?

Participants in a 12-step program attest the very real need for spiritual guidance as a part of the recovery process. B-12 is not a religious organization or counseling agency. It is not a treatment center. B-12 does not express opinions on issues outside the confines of addiction and alcoholism recovery, nor does it endorse outside enterprises.

WHAT IF I DON'T BELIEVE?

Although B-12 uses the Recovery Devotional Bible as a guideline and resource, non-Christians are happily welcomed to attend meetings. B-12 meetings are not

solely confined to the use of the Recovery Devotional Bible. Other translations of the Bible are often referred to, along with 12-step materials and resources.

WILL I BE OBLIGATED TO JOIN?

There is no membership fee to join B-12. Feel free to come once, or as many times as you like. B-12 is solely supported by its members, who make small donations when possible. (Funds are used to buy books and materials for the group.) There is no obligation to join, no fee requirements. Attendance is voluntary, requiring only that one's own life has been affected by problems associated with recovery, personally or by others.

WHEN and WHERE TO MEET?

The step study meets on Monday nights at 7:00 pm in the Fellowship Hall at the University City Church of Christ for one hour.

Open meetings are conducted in a standard format, studying the steps and sharing our experience, strength and hope with one another. Participants may share if desired, or pass if preferred. A comfortable, friendly atmosphere is maintained and positive attitudes are encouraged.